



Cardiology:

HEALTHY HEART ASSESSMENT

3fivetwoTM
HEALTHCARE

Cardiovascular disease is the main cause of death in the UK.

Disease prevention strategies give you control of your cardiac health. If you are over 40 and concerned about your diet, lifestyle, stress levels or family history, 3fivetwo can offer you the opportunity to have your heart disease risk assessed.

At 3fivetwo, our team of specialists can offer a Healthy Heart assessment, to include:

- Physical examination
- Family history
- Height, weight and BMI
- Cholesterol and blood pressure check
- Cardiovascular risk evaluation (Framingham)

- 12 lead ECG (resting)
- Exercise stress test (treadmill) or echocardiogram

All test results will be discussed with you by our doctor, lifestyle modifications advised and any further investigations can be arranged for you at your convenience via our resident consulting Cardiologists.

For further information or to arrange an appointment, call our Dedicated Private Patient Line:
0845 6006 352

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www.3fivetwo.com

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