

We're here when
you need it most.





6 Lisburn Road



352 Lisburn Road

Our Consultants are the best in their field.

Your health is important to us and we're here to provide practical medical solutions to your health problems - when you need it most.

Founded in 2003, we now work across three convenient and accessible clinics in the heart of South Belfast. We have created a unique, contemporary environment in which patients can enjoy the benefits of our medical services in a relaxed, professional and friendly environment.

Our Staff

At 352 our Consultants are the backbone of our Practice, which is made up of resident Consultants and a large number of additional visiting Consultants. They have extensive knowledge across all medical and surgical

specialties, providing a practical understanding of a broad range of treatments, illnesses and conditions and always bringing a new insight to each personal medical situation. Reassuringly, all of our staff have undergone rigorous NHS training, are properly registered with the General Medical Council and fully indemnified.

At 3fivetwo, we strive to make the experience of seeing a Consultant hassle-free, personalised, professional and affordable. Our Consultants work to the highest evidence- based standards; utilising advanced technology, equipment and state of the art facilities.

Our Clinics

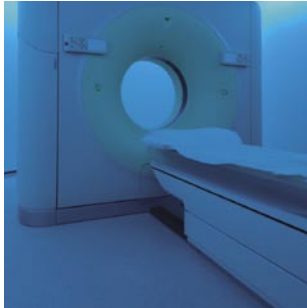
Medical Imaging Centre
6 Lisburn Road
Belfast

Medical Consulting Rooms
352 Lisburn Road
Belfast

Clinical & Admin Centre
52 Adelaide Avenue
Belfast

Peace of mind for
my family





64 Slice CT Scanner



3D Baby Scan

We provide medical care which you can value and trust.

We're confident about our offerings and passionate about our business. We say what we do; and do what we say.

State of The Art Technology

At 3fivetwo we practice the most advanced proven clinical procedures and techniques, supported by highly sophisticated equipment and systems. 3fivetwo were the first private healthcare company to introduce 3D ultrasound to Northern Ireland in 2002 and today, we continue this trend by again bringing cutting edge technology to Northern Ireland with the opening of our new **Medical Imaging Centre, Healthy Heart Assessment Unit and Medical Screening Centre** including mammography and colposcopy. The heart of this centre will be a 64 slice CT scanner with one of the lowest radiation doses in Ireland.

Relaxing & Comfortable Environment

We're committed to providing the very best facilities for surgery, general medicine, specialist services and patient care and an integral part of your experience at 3fivetwo are our surroundings. All of our Clinics have been designed to not only be practical, but also stylish and comfortable so that you can enjoy the benefits of the best private medical experience. They are comprised of;

- Private Consulting Rooms
- Welcoming Waiting and Reception Areas
- Minor Operation/Treatment Rooms
- Medical Imaging and Diagnostic Rooms
- Access to Theatre and In-patient Facilities

Index of Services

This list of services is not exhaustive and is being added to daily. At 3fivetwo we endeavour to address our patients' needs as best we can and often explore ways to help them if it is not already part of our core services.

Medical Consulting

General Medicine, Cardiology, Dermatology, Gastroenterology, Rheumatology, Neurology, Child and Adolescent Psychiatry, Pain Management

Surgical Consulting

General Surgery, Ear Nose and Throat Surgery, Urology, Cosmetic Surgery, Plastic Surgery, Maxillofacial Surgery, Ophthalmology, Burns Surgery, Orthopaedic Surgery

Women's and Child Health Services

Private Antenatal Care, Prenatal Screening and Diagnosis, Fetal Medicine Ultrasound Service, 3D Obstetric Ultrasound, Fetal and Child Cardiology, New Born & Paediatric Clinic, Gynaecology, Colposcopy

Men's Health Services

Prostate Screening and Diagnostic Clinic, Urology and Testicular Clinic, Male Sexual Dysfunction Clinic

General Health Services

Personal Health and Wellbeing Screening, Executive Screening, Family Health Screening Pre-employment Screening, Insurance Medicals, Occupational Health Assessment

Medical Imaging and Diagnostics Services include

CT Scanner (64 slice), General and 3D Ultrasound, Mammography, Colposcopy, Echocardiography, Treadmill, Cardiac Event Recording

New Services under development

Weight Clinic, Sleep and Snoring Clinic

Plan your healthcare



We're with our patients every step of the way.

We understand the value of good health and strive to give the very best service to every person we deal with.

Expert Services, Tailored Advice

Our strength lies in our ability to build close relationships with our patients. Patients come to us for a number of medical reasons but all of them want the same thing - to experience an expert service within a discreet and professional atmosphere. We look after corporate and individual patients, who appreciate our ability to treat each of their individual needs in a unique and caring manner. Every patient is different and it's our job to offer tailored advice, treatment, continuing care and support in the best way that we can, drawing on our expert knowledge and different way of thinking.

We work with GPs and other Healthcare Professionals to keep them up-to-date on our services. Patients come to us through a variety of channels;

- Referral from GP
- Referral from Consultant
- Referral from other Healthcare Professional
- Self Referral

Why choose 352 for your healthcare?

There are many reasons why our patients choose 3fivetwo for private medical treatment - avoiding NHS waiting lists, a second opinion, supplementing an NHS treatment or because they want to see a consultant of their choice at a time which suits them. We welcome patients who come to us individually or who are referred to us from their GP or hospital consultant. Our overriding objective is to provide a service that incorporates the best of private practice and medical care to deliver a quality of service for patients that is second to none.

Our commitment is to:

- Offer a service that is focused on individual patient needs
- Deliver quick and convenient access to medical care at times which suit patients
- Provide a relaxing and reassuring environment in which to receive treatment
- Deliver a high standard of evidence-based, clinically effective patient care

'Selecting 3fivetwo to look after our annual health checks for the Phoenix Management team has proven to be an invaluable investment. The detailed medical assessment, which follows the comprehensive medical, is ideal for ensuring your lifestyle today prepares you for business challenges of tomorrow'

**Peter Dixon, Chief Executive,
Phoenix Natural Gas Ltd**

relax, you're in
safe hands.



We value an individual's health and wellbeing.

We are committed to giving the best treatment, advice and quality of service to everyone we deal with.

Health Assessments & Our Medical Imaging Centre

As part of this commitment to your healthcare we have invested heavily in new state of the art equipment. With the opening of our New Medical Imaging & Health Screening Centre 3fivetwo will offer a health assessment service that is on a completely new level. Health Assessments give you the opportunity to get a detailed picture of your overall health and well being to enable early detection of any illness allowing for easier management of the condition.

At 3fivetwo our health assessments are tailored to suit your individual needs, you can identify any worries you may have about your health and we can incorporate that into your assessment - helping to give you peace of mind and manage whatever might lie ahead.

All our Health Assessments include:

- Consultation with an appropriate trained Health Professional
- Discussion on findings and all results
- Counselling on appropriate preventive health and lifestyle actions
- Case management of any health issues identified during the session
- Option of in-house investigation and management of any identified problems
- Confidential and personalised report within 2 weeks of the health screen
- Telephone service for any queries in the report which are not clear

To find out more about our Health Assessment Packages take a look at the **Health & Wellbeing Brochure** at the back of this booklet or visit our website www.3fivetwo.com.

Our Diagnostic Services include:

64 CT scanner Ultrasound Mammography Treadmill & Cardiac Event Monitoring Colposcopy

*Our team of specialists
keeps you ahead of the game.*





Treadmill Monitoring



CT Coronary Angio image

We offer comprehensive corporate care.

Managing corporate and occupational health is crucial to the efficient running of any modern company.

We are firmly established to offer individual tailor-made corporate healthcare plans that help meet the needs of companies and their active workforce. Through the expertise of our staff and the use of comprehensive screening programmes 3fivetwo can help companies enhance staff retention and productivity; reduce absenteeism and its associated costs; and safeguard against litigation.

We provide a range of health screening packages designed for your companies every health need including;

Insurance Medicals

Personal Health Screening

Family Health Screening

Executive Health Assessments

Our assessments take into account general and occupational fitness and we give advice on lifestyle and other issues, which may have significant impact on the health of senior staff.

Employee Health Assessments

A health assessment scheme can show your commitment to a long-term investment in your employees' health and wellbeing.

Pre-Employment Health Assessments

It is important to ensure that as an employer, you are happy with the suitability of a prospective employee for a particular role. We can provide specialist medical analysis to meet the needs of recruitment at all levels in companies.

Tailored Health Screen Packages

These range from our more general bronze and silver options to our more comprehensive gold package and our signature platinum package.

All are available to be tailored to both male and female needs. In addition to this, and in keeping with our aim to be innovative and progressive in the way we view healthcare, 3fivetwo has introduced a number of bespoke region specific packages detailed below;

- **Healthy heart assessment**
- **Bowel screening package**
- **Symptomatic breast package**
- **Prostate specific package**
- **Gynaecological screening package**

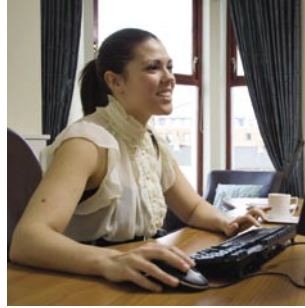
To find out more about our Corporate Health Screening Packages take a look at the **Executive Health Brochure** at the back of this booklet or visit our website www.3fivetwo.com.



Better care for your patients.



64 Slice CT scanner



3fivetwo Consulting Room

We offer the best support services to like-minded health professionals.

We work alongside other Consultants, GPs and other Health Professionals who like to be kept in the know about our services or want to use our facilities for themselves and their patients.

We work hard to provide other health professionals with an in-depth knowledge of our services. As a result they can actively provide their own patients with detailed information, should they need to refer them to our Clinic for treatment or consultation or to one of our specialists for a surgical procedure. We also offer visiting consultants and GPs the use of our private facilities and equipment for their own appointments with patients.

Referral Work

We normally work in collaboration with a patient's usual consultant or GP, who will be able to help a patient make an informed choice on what is best for them and how 3fivetwo Healthcare will meet their specific needs. Many people choose private treatment in order to guarantee access to expert care in a timely and flexible fashion. At 3fivetwo we work hard to ensure that we develop close relationships with other health professionals so that they know who we are, what we do and how we can help their patients.

Hiring of Private Consultancy Rooms

We are immensely proud of the special environment we have created at all of our sites. We have spent time designing and fitting out our general facilities and specialist treatment rooms to the highest specification to ensure that visiting Consultants and their patients have access to our state of the art equipment in a relaxing and welcoming environment.

Private use of Scanning Equipment

We have invested heavily in the most up-to-date technology for assessing and diagnosing patient health problems. We offer our visiting doctors and consultants the opportunity to use our equipment to investigate patient's health needs. Our most advanced diagnostic capability resides with our 64 CT scanner, which assists with diagnosis of a variety of anatomical areas, such as the spine, head, abdomen and chest, including detailed imaging of the heart and bowel. Other equipment that is available for use includes General Ultrasound, Mammography, Colposcopy, Echocardiography, Treadmill, Cardiac Event Monitoring and 3D Ultrasound.



We're here to help take the pressure off.

We work in collaboration and partnership with NHS on a number of initiatives engaged to tackle the increasing problem of waiting lists with the NHS.

Aside from its private work 3fivetwo Healthcare is now one of the largest independent (NHS) sector providers in Northern Ireland. We're here to offer an overflow service to help support the improvements and targets set by Government to refer a number of NHS patients each year for consultation and surgery to the independent sector.

Access Targets

In the current climate of intense pressure within the NHS to reach these targets, 3fivetwo is ideally placed within the private sector to provide services, in partnership with the Boards and Trusts, across a wide spectrum of specialities. We have the capacity, consultant expertise from all local Trusts and infrastructure to provide high quality services adhering to all the principles on which the NHS was founded. We are also ideally suited because the majority of the services are either provided or led by local Consultants who are familiar with the high expectations of the local population and of the standards required by the Boards.

Key Partnerships with other Healthcare Providers

Where contracts require services or space not currently available within 3fivetwo, we have the expertise to forge linkages with other public and private providers with spare capacity, to ensure targets are met with minimum disruption. This is another exciting area of innovation which 3fivetwo Healthcare is proud to be at the forefront of in partnership with the NHS.

Across all three of our clinics you will encounter the same open, understanding and knowledgeable service.

Service Overview



028 90 500 352
www.3fivetwo.com

We think differently about your healthcare.

We're a private medical solutions company committed to providing the highest standards of medical excellence and patient care. We specialise in a wide range of tailored medical services, managed by some of the best consultants in the country.